



# Year 1 – History – Healthy Humans.

## Key question: How do we stay Healthy?

Key Facts:

Fact	Explanation
I need to wash my hands before eating and after going to the toilet.	This stops germs spreading and people getting unwell.
I have 5 senses – sight, touch, smell, hearing, taste.	Our senses help us make sense of the world around us.
Florence Nightingale changed how hospitals were run and insisted they were kept clean and hygienic.	Hospitals were dirty and soldiers were becoming more ill so Florence Nightingale made changes.
I know to find out about the past I can look use books and the internet.	If I want to find the answer to a question about the past I can use books or the internet to help me.

What I should already know:

In Year R the children learnt about toys from the past and compared them to toys now.

Sources:

Historical sources we can use to find out about Florence Nightingale.

Video clips

<https://www.bbc.co.uk/bitesize/topics/zns9nrd/articles/znsct39>

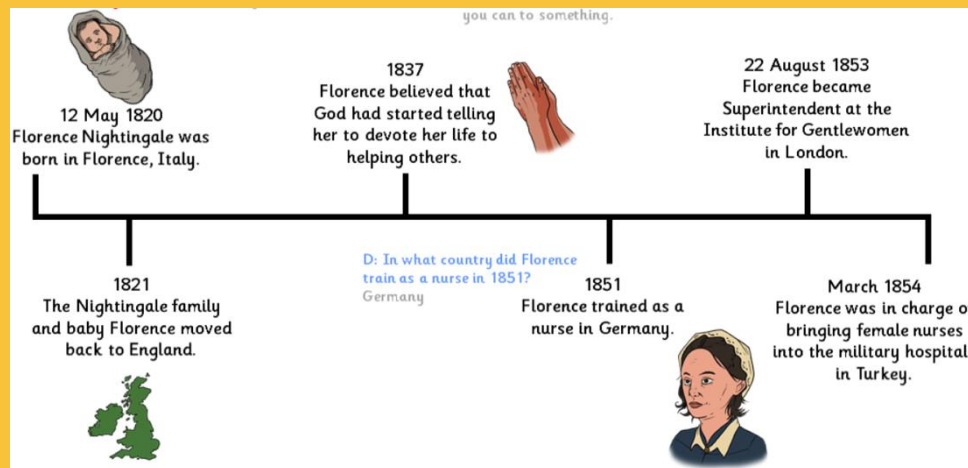
Books that are non-fiction.

Paintings and photographs show us what things were like at the time.

Key Vocabulary:

Word	Definition
<b>Florence Nightingale</b>	A nurse who helped ill and injured people in the past.
<b>hygienic</b>	Ways to keep things clean so people don't become ill.
<b>history</b>	Learning about the past.
<b>sources</b>	Where information is found.
<b>disease</b>	When something does not function as it should.
<b>senses</b>	We have 5 senses - sight, touch, smell, hearing, taste.
<b>wealthy</b>	Someone who has lots of money.
<b>famous</b>	Someone who is very well known by many people.
<b>timeline</b>	Dates are place in order of when they happened.

Florence Nightingale Timeline:



Images of Florence Nightingale:

